Directory of Residency and Fellowship Programs in Interdisciplinary Women’s Health

Mission Statement
The mission of the AAWHP is to improve the health of women through leadership in research, education clinical models, and community partnerships. This mission is carried out through networking, leadership and mentoring collaborative projects, lobbying and advocacy, political and social commentary, education of policy-makers, partnership with national organizations, and creation of innovative models.

May 2010
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Overview

In support of interdisciplinary Women’s Health training programs, the Journal of Women’s Health is pleased to publish the *Directory of Interdisciplinary Women’s Health Residencies and Fellowships*. The Directory was initially developed under the direction of Dr. Saralyn Mark from a national survey of 1,355 hospitals conducted in September 1995. Information from the Association of American Medical Colleges, the American Association of Colleges of Osteopathic Medicine, and the American Hospital Association was used to identify institutions approved for Women’s Health residency and fellowship programs. The following are criteria for inclusion of residency and fellowship programs in the Directory:

1. The program should be interdisciplinary in nature, crossing traditional boundaries, in order to comprehensively focus on a wide range of Women’s Health concerns and issues, including, but not limited to, mental health, aging, reproductive health, urogynecology, gender differences in disease presentation and treatment, bone health, heart health, and breast health.

2. The program should have a separate application process with its own director within an academic medical center or accredited graduate medical education program.

3. To qualify as a residency program in Women’s Health, the program should offer a specialized curriculum in Women’s Health in addition to the required activities of a traditional residency track.

The Directory was previously published by the Office on Women’s Health in the Department of Health and Human Services in 1995, and has been updated annually since then. In 2004, the Association of Academic Women’s Health Programs (AAWHP) assumed responsibility for maintaining and updating the Directory. AAWHP is a national non-profit organization whose members include Women’s Health educators, researchers, and program directors at academic institutions. Its mission is to improve the health of women through leadership in research, education, clinical models, and community partnerships and to accelerate translation of research into clinical practice. This mission is carried out through networking, leadership and mentoring, collaborative projects, advocacy, political and social commentary, education of policymakers, partnership with national organizations, and creation of innovative models, including Women’s Health fellowships and residency programs.

The interdisciplinary programs included in this Directory model the integration of educational experiences across departments, such that future physicians can be trained to more effectively provide comprehensive care for women. In addition, Women’s Health fellowships are a breeding ground for new researchers in this field. The publication of the Directory will help to disseminate program information and foster awareness of these programs, and will hopefully expand and enhance graduate medical education in the area of Women’s Health.

If any training program meets inclusion criteria and has been unintentionally omitted from this Directory, AAWHP would like to be promptly notified. The Directory will continue to be updated annually as new curricula develop. For questions regarding program inclusion or for information regarding AAWHP, please contact Millie Becker at jwh@vcu.edu.
Residencies in Interdisciplinary Women’s Health
Eligibility Requirement(s)
A medical degree is required.

Required Activities
In addition to the required aspects of the Internal Medicine residency training program, junior/senior residents have weekly gynecology continuity clinic supervised by a gynecologist. They are seeing women for routine gynecological care. There is also a medical consultation clinic weekly dedicated to women for preoperative evaluations prior to surgery. Over their three year training they attend 5 blocks of time devoted to women’s health issues. Each “block” lasts approximately one month.

Elective Activities
Elective options include research in issues related to women’s health and rotations in Family Planning, Breast clinic, surgical subspecialty clinics, reproductive endocrinology and infertility clinics.

Special Degree(s)/Certificate(s) Offered
Residents are board eligible in Internal Medicine.

Goals of the Program
“Graduates will be board eligible in Internal Medicine and well-qualified to provide primary care to men and women. They will have expertise in the special aspects of women’s general and reproductive health. They will be prepared to contribute as educators and researchers in the field of women’s health.”

Other Program Features
This is a track (Women’s Health) within the Internal Medicine residency program. Clinical and educational activities focus on General Internal Medicine, Health Promotion, Disease Prevention and Epidemiology, Primary Gynecology, Psychology and Psychiatry. The mini-courses offered are: “Cardiovascular Disease and Gender”, “Cancer and Gender”, and “Rheumatology and Gender” and include reading groups supervised by senior faculty. The program emphasizes the importance of gender, race, age, and socioeconomic status in health and disease.

Reason for Initiating Program
“This residency track was developed by the Department of Internal Medicine in cooperation with the Departments of Obstetrics, Gynecology and Women’s Health. The departments are working together to enrich the education components of their training in the primary care aspects of women’s health. Teamwork will lead to further innovations in the care of women.”
Eligibility Requirements

Applicants must match into the General Internal Medicine/Primary Care Program.

Application Process

Residents in the Women’s Health Track first match into the General Internal Medicine Program, then declare their desire to participate in the track.

Required Activities

- Clinical experiences are organized throughout the first 6 months of ambulatory block over the first two years of residency.
- Research generally begins in the second year of residency and will culminate in a publication and/or national presentation.

Advising/Mentoring takes place quarterly with the clinical and research advisors.

Residents will also have a half-day per week second continuity site in women’s health beginning in their 2nd year and continuing through residency training.

There is also a required teaching activity. In their 3rd year of residency, residents will teach 1st year GIM residents in Ambulatory Block. They will develop a seminar in an area of women’s health in which they are interested.

Elective Activities

Numerous elective experiences exist. A month-long women’s health elective is suggested for all track participants. This includes clinical experiences in the GYN Clinic, Breast Surgery Clinic, Mammography, Urogynecology, and Psychiatry. Residents may also choose to observe in Colposcopy Clinic.

Special Degree(s)/Certificate(s) Offered

There is no special degree awarded, although at graduation, they will receive a certificate acknowledging their participation.

Goals of the Program

Our goal is to foster the development of a physician who excels both from a clinical as well as academic perspective in women’s health.

Other Program Features

Our program focuses on both the clinical and academic aspects of Women’s Health. Clinically, our focus is on women’s health from an internal medicine perspective. We have clinical experiences at women’s health internal medicine practices and at our women’s prison. While these dominate the clinical experiences, we also have gynecologic experiences in women’s health. Academically, our research advisor guides the resident through a project with the goal of presenting at a national meeting.

Reasons for Initiating Program

Brown University Medical School has always excelled clinically and academically in women’s health. We decided to seize upon those strengths and create an organized curriculum for applicants interested in a clinical or academic career in women’s health. There remains a need for physicians who specialize in the care of women.
Eligibility Requirement(s)
A medical degree is required.

Required Activities
In addition to inpatient rotations in Internal Medicine, residents are required to participate for three to four months each year in a multidisciplinary primary care practice for women. This experience provides ambulatory subspecialty training in Gynecology, Orthopedics, Dermatology, and breast disease.

Elective Activities
Six- to eight-week electives in Endocrinology, Infectious Disease, Arthritis, and Obstetrics and Gynecology are offered in the third year of residency.

Special Degree(s)/Certificate(s) Offered
Residents are board eligible in Internal Medicine.

Goals of the Program
“To provide comprehensive training in ambulatory General Medicine, Gynecology, and other specialties relevant to primary care of women in the context of an inpatient Internal Medicine residency.”

Other Program Features
Formal mentorship programs and mini-courses in clinical and nonclinical topics with specified goals and objectives are available.

Reason for Initiating Program
“The program was created to expand opportunities within existing primary care residency training to focus on the special needs of women in an integrated, multidisciplinary clinical practice site.”
Eligibility Requirement(s)
A medical degree is required.

Required Activities
This program requires the completion of five rotations that are one-month in duration:
1) Adolescent Medicine, 2) Behavioral Medicine, 3) Subspeciality elective with a Women’s Health focus, 4) Perinatology, 5) Advanced Gynecology

Elective Activities
Elective activities include women’s health research projects, monthly women’s health conferences, evening women’s health journal club meetings, monthly grand rounds, and an extensive women’s health reading curriculum.

Special Degree(s)/Certificate(s) Offered
A certificate of focused training in women’s health is offered.

Goals of the Program
“To provide additional clinical experiences and evidence-based training in women’s health, beyond what is provided in a standard primary care curriculum.”

Other Program Features
Involvement of OB/GYN and surgical specialists in training/educational experiences as well as exposure to complementary and alternative medicine topics.

Reason for Initiating Program
“There was significant interest among medical students, primary care residents, and faculty associated with our residency programs.”
Eligibility Requirements
Acceptance to Northwestern Internal Medicine training program is required.

Application Process
There is not a separate match for the women’s health track. Those interested in the program should apply to the categorical internal medicine program through the Electronic Residency Application Service (ERAS). The program is listed as Northwestern/McGaw/NMH/VA-IL, the program number is 2247140CO for Categorical Medicine. Anyone matching in the categorical internal medicine program is eligible to participate in the track.

Required Activities
Residents will be required to 1. Attend the women’s health conferences and monthly journal club; 2. Rotate through the multidisciplinary Women’s Health Block one month each year. This block includes but is not limited to clinics experiences in gynecology, osteoporosis, urogynecology, breast disease/breast imaging, endocrinology/PCOS, weight management, cardiology, dermatology. 3. Complete a two-month research block in an area of women’s health. 4. Participate in continuity clinic supervised by women’s health preceptors (one half day a week year 1, two half days a week years 2 and 3).

Elective Activities
Residents may elect to do 1-2 months of gynecology, additional Women’s Health Block months, or other electives months designed to meet their individual interests.

Special Degree(s)/Certificate(s) Offered
A certificate in women’s health will be offered at the end of the residency program.

Goals of the Program
The track was established to provide research opportunities and additional clinical experience in the women’s health and gender-based medicine for internal medicine residents. Residents in this track will receive this education in conjunction with the usual training in the categorical program. Upon completion of the curriculum, graduates will be well prepared for pursuing academic careers in women’s health, including further specialty training.

Other Program Features
Northwestern Feinberg School of Medicine has been awarded NIH funding for the Building Interdisciplinary Research Careers in Women’s Health program (BIRCWH), a career development grant which supports young faculty focused on careers in women’s health research. Women’s health residents will be able to participate in many of the conferences offered to the BIRCWH awardees including a core course in women’s health and special research seminars.

Reason for Initiating Program
The program was initiated to expand the clinical and research opportunities for internal medicine residents interested in women’s health.
Eligibility Requirements
A medical degree is required.

Application Process
Interested candidates should apply through the Primary Care Residency Program.

Required Activities
The following clinical activities are offered: 1) Weekly continuity clinic in the Veterans’ Affairs Women’s Health Clinic, 2) One month rotation in women’s health including clinical training in women's primary care clinic, ob/gyn clinic, sexually transmitted disease clinic, breast care center, osteoporosis center, women’s cardiology clinic, urogynecology clinic, 3) attendance at didactic sessions and journal clubs discussing women’s health issues.

Elective Activities
Opportunities to work one-on-one with women’s health primary care providers in private practice settings, research opportunities in women’s health preventive medicine.

Special Degree(s)/Certificate(s) Offered
Special degrees and certificates are not offered.

Goals of the Program
To develop expertise in preventive and primary health care of women.

Other Program Features
The primary care residents are fully integrated into the residency training program. The unique training of the primary care residents in the women’s health track enables them to become “experts” among their peers in the practice of primary care for women.

Reason for Initiating Program
Recognition of the unique aspects of care essential to provide comprehensive and excellent primary care to women.
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<thead>
<tr>
<th>Eligibility Requirement(s)</th>
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<tr>
<td>Acceptance to University of Alabama Hospital in Birmingham, Internal Medicine Residency training program is required.</td>
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<tr>
<th>Required Activities</th>
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<tr>
<td>Residents will be required to complete the following activities: 1) attend a Continuity Women’s Clinic every other week, 2) participate in 3-4 month long ambulatory rotations with a 50% focus in women’s health, 3) participate in women’s health conferences and journal clubs, and 4) complete all requirements of the UAB Internal Medicine residency program.</td>
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<thead>
<tr>
<th>Elective Activities</th>
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<tr>
<td>Elective activities include women’s health research projects and attendance of regional/national meetings.</td>
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<thead>
<tr>
<th>Special Degree(s)/Certificate(s) Offered</th>
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<td>None were specified.</td>
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<tr>
<th>Goals of the Program</th>
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<tr>
<td>“To provide training in primary care with an additional focus in women’s health. Residents receive gender specific training to allow provision of comprehensive healthcare to women, in addition to a solid foundation in all traditional aspects of internal medicine.”</td>
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<tr>
<th>Other Program Features</th>
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<tbody>
<tr>
<td>Participation in Gynecology Clinic, Breast Clinic, Osteoporosis Clinic, High Risk OB Clinic, Endocrine Clinic, STD Clinic, Continence Clinic, and other ambulatory rotations. Curriculum is very flexible and tailored to the interest and requests of each individual resident.</td>
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<thead>
<tr>
<th>Reason for Initiating Program</th>
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<tr>
<td>“Our Women’s Health Residency was developed to provide interested residents with additional expertise in the area of women’s health.”</td>
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Eligibility Requirement(s)
An applicant must be an Internal Medicine resident in good standing, with an interest in women’s health.

Required Activities
Residents must treat patients in the Women’s Health Clinic under the direction of a women’s health preceptor one afternoon per week for 2-3 years, attend monthly women’s health grand rounds, and participate in a weekly evidence-based women’s health pre-clinic conference.

Elective Activities
Elective activities include an ambulatory GYN elective, female urology, comprehensive headache clinic, and a research elective.

Special Degree(s)/Certificate(s) Offered
A certificate as resident in women’s health is available.

Goals of the Program
“To provide residents with solid internal medicine training, with additional expertise in women’s health. This expertise is evidence-based and is obtained through clinical experience.”

Other Program Features
Multi-disciplinary clinic designed by women, for women, which includes primary care providers, adult and adolescent gynecology, rheumatology, gastroenterology, neurology and urogynecology. The clinic has a research and educational program including the Kentucky Women’s Health Registry designed to understand the epidemiology of symptoms and diseases as well as to increase participation of women in clinical trials.

Reason for Initiating Program
“This Women’s Health track was started as part of an effort to provide specific education and clinical skills in women’s health to internal medicine residents. Past surveys of both faculty and residents at our institution revealed a deficit in women’s health knowledge, and a deficit of women’s health topics in the traditional curriculum. Additionally, this women’s health track is one facet of an expanding women’s health curriculum throughout the entire medical center, as our University is the recipient of a multidisciplinary FIPSE (Fund for Improving Post-Secondary Education) grant to integrate women’s health into the curriculum of health professionals.”
Eligibility Requirement(s)
A medical degree is required.

Required Activities
The Women’s Health Track combines areas of obstetrics, gynecology, psychiatry, and adolescent medicine into a multidisciplinary experience that prepares residents to provide more comprehensive gender specific primary care to women patients. Topic areas covered in depth include: contraceptive management, menstrual dysfunction assessment, postmenopausal hormone replacement, cervical and breast cancer screening, medical management of the pregnant patient. Traditional internal medicine domains such as cardiovascular disease, lipid disorders, osteoporosis, autoimmune diseases are presented with special attention to the gender based differences in diagnosis and management. Special attention is also given to the management of psychosocial issues with a unique burden in women such as domestic violence, sexual violence, eating disorders, depression, and anxiety.

These educational goals are accomplished in several ways. Women’s Health Track residents have specially designed primary care clinics staffed by core faculty in the Women’s Health Program where gender issues are routinely managed. In addition, there are specialized block rotations over the three years which cover routine and acute gynecologic care, urogynecology, reproductive endocrinology, adolescent medicine, the women’s heart program, behavioral medicine, and the medical complications of pregnancy. Special didactics such as a monthly journal club dedicated to the discussion of women’s health topics are also included.

Elective Activities
Elective opportunities in addition to the required core rotations abound. We are affiliated with both Magee Women’s Hospital and the VA Pittsburgh National Center of Excellence in Women’s Health. Special rotations include: high risk breast clinic, cardiovascular disease in women, thyroid disorders, management of the midlife woman to name just a few.

Special Degree(s)/Certificate(s) Offered
Residents are board certified in Internal Medicine but receive a certificate of completion of the Women’s Health Residency Track.

Goals of the Program
The Women’s Health Track is a specialized course of instruction designed to provide comprehensive internal medicine training with an added emphasis in managing problems different in, unique to, or more common in women. It is appropriate both for trainees envisioning a career in primary care as well as those planning for a subspecialty career with a focus on gender issues in their specialty.

Other Program Features
Weekly interdisciplinary women’s health seminar series that allows for in-depth discussion of specific issues related to women’s health.

Reason for Initiating the Program
To provide a unique training opportunity for both primary care and subspecialty physicians to learn about comprehensive, gender specific care for women.
Eligibility Requirement(s)
A medical degree is required.

Required Activities
In addition to the required rotations and conferences in the Internal Medicine program, residents participate in outpatient clinics in Gynecology throughout the year. Other required activities include two months in the multidisciplinary Women’s Health Center and a one-month multidisciplinary rotation in Breast Health. Additionally, throughout the year there are seminars and small discussions on primary care and women’s health topics in conjunction with half-day continuity clinics.

Elective Activities
Residents may elect further experience, schedule permitting.

Special Degree(s)/Certificate(s) Offered
Residents are board eligible in Internal Medicine.

Goals of the Program
“To provide broad-based clinical training in Internal Medicine with a central focus on women’s health promotion, disease prevention and biopsychosocial issues; to increase awareness among health care professionals regarding issues in women’s health, and to promote leadership, research and education in women’s health.”

Other Program Features
With access to the Women’s Health Center and other clinics, residents are exposed to a wide variety of learning opportunities, clinicians, and patients. In Bone Clinic, the use of bone densitometry and osteoporosis management are included during the Women’s Health blocks. Other clinic experiences during this block include Urogynecology, Gyn Oncology, Endocrine, and Colposcopy. Additionally, residents attend the Fan Free Clinic, an outreach clinic, and Women’s Health Physical Therapy, which exposes residents to therapy for urinary incontinence and constipation. The Breast Health month is a multidisciplinary rotation in medical oncology, surgical oncology, radiation oncology, mammography, pathology, and lactation consultation. A Women’s Health Journal Club meets monthly to discuss issues relevant to women’s health. There is a strong mentoring component, utilizing expert women faculty as discussants and lecturers. The program also features an orientation for incoming interns to refine their skills in pelvic and breast exams.

Reason for Initiating Program
To provide comprehensive multidisciplinary training for Internal Medicine residents with interest in the area of Women’s Health, whether they are planning a career in General Medicine or subspecialty training.
Fellowships in Women’s Health
Eligibility Requirements

A fellow must have satisfactorily completed a residency in obstetrics and gynecology accredited by the American Council for Graduate Medical Education (ACGME) or the Council of the Royal College of Physicians and Surgeons of Canada (CRCPSC) and acquired basic knowledge and skills in obstetrics and gynecology and women’s health. Graduates of other residencies may be enrolled in fellowship training programs with approval of the National Office.

Required Activities

At least 12 months of clinical experience sufficient to develop competency in contraception and abortion care according to the requirements outlined in the General and Special Requirements and Guide to Learning, completion and presentation of a publishable research project, participation in an international rotation in a developing country, completion of a masters degree in public health or science, and participation in the education of residents and medical students.

Elective Activities

Rotations with the Population Council, World Health Organization, and similar agencies and NGOs are available.

Special Certificates/Degrees Offered

Masters Degree in Public Health or Masters Degree in Science.

Goals of the Program

The objective of the program is to develop specialists focused on research, teaching and clinical practice in contraception and abortion. Working with respected and innovative leaders in the field, fellows receive training in clinical and epidemiologic research, develop clinical and teaching skills, have opportunities to work internationally and connect to a rapidly expanding network of family planning experts.

Reason for Initiating the Program

To enhance the academic and operational status of family planning and abortion services and to prepare specialists who can provide family planning leadership through academic or programmatic positions while also providing excellent clinical care.
<table>
<thead>
<tr>
<th>Institution(s)</th>
<th>Boston University School of Medicine</th>
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<tbody>
<tr>
<td>Program Type</td>
<td>Women’s Health Fellowship, a concen-tration within the BU General Internal/ Family Medicine Fellowship program</td>
</tr>
<tr>
<td>Date Established</td>
<td>1994</td>
</tr>
<tr>
<td>Number of Positions</td>
<td>1-2 per year</td>
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<tr>
<td>Duration of Program</td>
<td>2 years</td>
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<tr>
<td>Sponsored by</td>
<td>Department of Medicine</td>
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<tr>
<td>Co-Sponsoring Institu tion(s)/Department(s):</td>
<td>VA Boston Healthcare System, Boston Medical Center</td>
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<tr>
<td>Contact(s):</td>
<td>Karen M Freund M.D., M.P.H. Professor of Medicine and Epidemiology Co-Director of the Women’s Health Fellowship 801 Massachusetts Avenue, Suite 470 Boston MA 02118 Telephone: (617) 638-8036 Fax: (617) 638-8096 E-mail: <a href="mailto:Karen.Freund@bmc.org">Karen.Freund@bmc.org</a></td>
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<td>Megan R. Gerber, M.D., M.P.H. Director, Women’s Health Boston VA Healthcare System 150 South Huntington Avenue Boston, MA 02130 Telephone: 857-364-4120 Fax: (857) 364-6686 E-mail: <a href="mailto:Megan.gerber@va.gov">Megan.gerber@va.gov</a></td>
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**Eligibility Requirement(s)**

Board eligible/board certified in Internal Medicine (or equivalent) is required.

**Required Activities**

The Women’s Health Fellows gain experience in research, medical education, administration, and clinical care in women’s health. Within the first year, most fellows develop a focused expertise within one these areas, while developing knowledge and skills in all areas. There are a number of required and elective activities to achieve these goals. Fellows take courses at Boston University School of Public Health with a focus on Biostatistics, Epidemiology, and Health Services. They maintain a continuity ambulatory practice at the Women’s Health Group at Boston Medical Center and the Women Veterans Health Center at the VA Boston Healthcare System. Career development seminars in clinical research, medical education, administration, and management are core elements of the fellowship. Fellows must develop at least one (preferably two) research projects on women’s health with guidance from faculty preceptors, with one project addressing the health of women veterans.

**Elective Activities**

There is an opportunity for additional clinical work in Breast Health, Obstetrics and Gynecology, Osteoporosis, Cardiology, and Mental Health. Past trainees have received training in percutaneous needle biopsy of the breast and certification in interpretation of bone mineral density. Fellows can participate in the institution’s K30 CREST (Clinical Research Training program).

**Special Degree(s)/Certificate(s) Offered**

Fellows are eligible for course work at Boston University School of Public Health leading to a Master of Science in Epidemiology or Health Services. They may also complete additional rotations and be eligible for board certification in Preventive Medicine.

**Goals of the Program**

Our program is based upon a comprehensive model of women’s health, with a focus on addressing health disparities in women. The goal of our program is to train future leaders in women’s health research, teaching, health administration, and policy.

**Other Program Features**

The fellowship is integrated into activities at the Boston University Center of Excellence in Women’s Health.

**Reason for Initiating Program**

The fellowship in women’s health is a separate track within the General Internal Medicine/Family Medicine fellowship and provides fellows with a host of resources from both Boston University and the VA Boston Healthcare System. This fellowship track began and continues with funding through the Department of Veterans Affairs.
Eligibility Requirement(s)
Board eligible/certified in their trained specialty is required.

Required Activities
Fellows will be expected to divide their time between international project and research, Harvard School of Public Health classes, and clinical work in a Harvard teaching hospital within their discipline. The curriculum is tailored to fellows’ individual interests and is divided into six areas: (1) Clinical Medicine; (2) Harvard School of Public Health; (3) Global Women’s Health Concentrations; (4) Global Field Work; (5) Research; and (6) Mentorship.

Elective Activities
This program is very flexible and allows its fellows to do electives in any area relating to global women’s health.

Special Certificates/Degrees Offered
None are offered.

Goals of the Program
The goal of the fellowship is to train leaders in global women’s health who are able to:

1. Advance the specialty and education of global women’s health worldwide;
2. Participate in effective humanitarian relief and disaster response efforts in conjunction with international aid organizations and local governments;
3. Develop, fund, implement, monitor, and evaluate global women’s health programs;
4. Conduct clinical and field research based on solid epidemiologic methods and biostatistics;
5. Maintain a working knowledge of global public health issues and government and non-governmental organizations and infrastructure around the world; and,
6. Understand international humanitarian law and human rights as they relate to conflict, humanitarian crises, and global women’s health.

Reason for Initiating the Program
The fellowship was started to provide advanced training in global women’s health and to improve health care outcomes for women globally.
Eligibility Requirement(s)
Completion of at least 3 years postgraduate training in psychiatry.

Required Activities
- Outpatient women’s mental health clinical services at the Gretchen S. and Edward A. Fish Center for Women’s Health and the Brigham Women’s Mental Health Clinic
- Outpatient reproductive psychiatry services at the Connors Center for Women and Newborns
- Weekly reproductive psychiatry teaching rounds

Elective Activities
- Inpatient consultation/liaison to Obstetrics and Gynecology
- Participation in psychiatric services for women undergoing treatment for infertility
- Participation in psych-oncology services for women with breast and gynecologic cancers
- Participation in women’s mental health research and scholarly projects

Special Degree(s)/Certificate(s) Offered
None are offered.

Goals of the Program
Fellows will acquire knowledge and skills related to the expression and treatment of psychiatric disorders in women, including their relationship to sex, gender and reproductive cycle events.

Other Program Features
Brigham and Women’s Hospital is a National Center of Excellence in Women’s Health. The Gretchen S. and Edward A. Fish Center for Women’s Health is an innovative, comprehensive, multi-specialty practice that collocates specialty expertise in women’s health and mental health with primary care for women. The Connors Center for Women’s Health and Gender Biology focuses on women’s health throughout the life span, promoting collaborative initiatives to improve patient care by translating research findings into clinical practice. The Connors Center conducts research on sex- and gender-based biology and the impact of sex and gender on disease, outcomes and the delivery of care.

Reason for Initiating Program
This fellowship was designed to train clinicians to meet the growing need for expertise in women’s mental health, utilizing a multifaceted conceptual framework to understand sex and gender influences on health and vulnerability to illness across the lifespan.
### Eligibility Requirements
Evidence of promise as an educator and independent investigator in the area of consultative and obstetric medicine. Applicants should be board certified or board eligible internists. Medical graduates trained outside of the U.S. must be graduated from a school on the ECFMG list of approved international medical schools and complete ECFMG certification, USMLE Steps 1, 2, & 3 and obtain a J1 visa. Special arrangements may be made with Dr. Larson for Fellows active in another subspecialty program to serve an elective rotation for an optional term of 4 to 8 weeks.

### Required Activities
Internists spend half of the two year program supervising an in-patient medical consultation service caring for the medically ill gravida. Fellows work directly with senior medical residents on the consult service, and are trained in both the *doing* and *teaching* of medical consultation in pregnancy. Two half days a week are spent in an ambulatory multidisciplinary consultative experience focusing on medical care of the pregnant woman, including participation in the Specialty Care in Pregnancy clinics focusing on specific areas, such as pulmonary or cardiology. Other time is spent working on a clinical research project and doing epidemiological and biostatistics course work at Brown University.

### Elective Activities
A one-month elective rotation is open to third year internal medicine residents interested in learning more about consultative medicine with a special emphasis on medical problems in pregnancy. For more information, please contact Sandra Medina by calling 401-274-1122, Ext. 1134 or by email at smedina@wihri.org

### Special Degree(s)/Certificate(s) Offered
A Certificate bearing the hospital seal and that of Brown University, signed by the Chief of Medicine and the Director of the Fellowship is issued to graduating Fellows in recognition of their service to Women & Infants Hospital as a Fellow in Consultative and Obstetric Medicine during the stated training period.

### Goals of the Program
Fellows work in both the inpatient and outpatient settings on the Medicine Consultation Service at Women and Infants’ Hospital to acquire knowledge in the physiology of normal pregnancy and the pathophysiology of diseases occurring in pregnancy and postpartum; learn to diagnose and treat medical complications of pregnancy; learn to be an effective consultant to obstetricians and gynecologists and other internists and subspecialists; develop practical teaching skills through the supervision of senior medical residents and medical students. Fellows will also complete a research project in the area of medical problems in pregnancy. With the assistance of a faculty advisor, it is expected that the work will be presented at a national meeting and published in a peer review journal.

### Other Program Features
Weekly fellows lecture series, fellows case presentations, fellows research meetings, journal club, Rhode Island Hospital grand rounds, OB/GYN grand rounds, medical consultation clinics, attendance at national meetings.

### Reason for Initiating Program
Ground was broken in 1992 when the Division of Obstetric and Consultative Medicine, Department of Medicine, Women & Infants’ Hospital and the Warren Alpert School of Medicine of Brown University joined forces in first offering the fellowship in Obstetric & Consultative Medicine under the leadership of Karen Rosene-Montella, M.D., Chief of Medicine at Women & Infants’ Hospital, and Professor of Medicine and Ob-Gyn at Brown. Prior to that time training in the evaluation and management of medical problems in the pregnant patient or those contemplating pregnancy was not available to the internist, nor were they exposed to the future health risks and pregnancy complications in these patients. Now there are 20 physicians who have completed the fellowship, the majority of whom have attained prominence in academic medicine.
**Eligibility Requirement(s)**
Completion of a residency in internal medicine, OB-GYN, or family medicine.

**Required Activities**
Under the direction of Dr. Bairey Merz, the Fellow will work with Dr. Bairey Merz in her pioneering research in the prevention and diagnosis of heart disease in women. Specifically, the Fellow will participate and facilitate the clinical aspects of the ongoing research directed at improved understanding of the gender differences in heart disease, in order to translate these research findings into improved heart disease care for women.

**Elective Activities**
1. Didactic and Clinical Core Women’s Health Curriculum—six core rotations in 1) Bone Health-Endocrinology, 2) Reproductive Health-Office Ob/Gyn, 3) Mental Health-Depression/Anxiety/Eating Disorder Clinic, 4) Preventive Health, 5) Breast Health-Radiology, 6) Elective, e.g. but not limited to Rheumatology, Cardiology, Alternative and Complementary Medicine, Uro-nGynecology/pelvic floor voiding, Adolescent Medicine, Office-based GYN Procedures, Medical High-risk Pregnancy, Chronic Pelvic Pain 2. Weekly ongoing continuity clinics in Office Gynecology and Women’s Primary Care. 3. Academic Programs, e.g. arrange weekly-monthly conferences, journal club, Colloquia and quarterly Interdisciplinary Grand Rounds on Women’s Health Topics. 4. Tutorials with designated mentor(s) 5. Career Development Seminars 6. Many options are available through UCLA and USC systems.

**Special Degree(s)/Certificate(s) Offered**
Fellows are eligible for course work at UCLA leading to a Master of Public Health degree.

**Goals of the Program**
1. To provide focused training in clinical and translational research with regard to heart disease in women.
2. To provide training in the comprehensive care of women across the lifespan.
3. To train practitioners in research, teaching, health administration and policy in women’s health.
4. To respond to the needs of individual residents, fellows, faculty and voluntary staff regarding women’s health in the medical institution and community.

**Reason for Initiating Program**
The Women’s Guild of Cedars-Sinai Medical Center raised money for the Women’s Guild Endowed Chair in Women’s Health in response to the awareness of improving Women’s Health through education, research, and training. The current chair-holder, Dr. Bairey Merz, started this fellowship as part of a comprehensive Women’s Health Program at Cedars-Sinai Medical Center. Current funding comes from philanthropic support.
Eligibility Requirement(s)
Completion of residency in Internal Medicine or Family Medicine is required.

Required Activities
Training and hands-on experience in research with a view to starting a clinician scholar career are emphasized. The fellowship has a minimum of six months of clinical, collaborative, inter-disciplinary rotations including but not limited to: Women’s Health Center at the Women’s Health and Breast Pavilion, Pelvic Floor/Voiding Center, Metabolic and Osteoporosis Bone Center, Breast Center, Cardiology Prevention Clinic, Menopause Clinic, Chronic Pelvic Pain Clinic, and Women’s Health Psychiatry. Completion of a project on a gender-based topic is required.

Elective Activities
Multiple offerings throughout the entire Cleveland Clinic Health System, as well as our geographic Center of Specialized Women’s Health on the Main Campus.

Special Degree(s)/Certificate(s) Offered
A certificate of training as a Clinical Scholar specializing in Women’s Health from the Cleveland Clinic Foundation is offered. Fellows have the option to earn a Master of Public Health degree.

Goals of the Program
“To educate future clinicians, clinician-educators, and researchers in the areas of prevention and treatment of diseases unique or more prevalent in women.”

Other Program Features
Fellows will receive extensive education in women’s health practice management, experiential training opportunities, and community outreach as part of the Cleveland Clinic’s effort to provide clinically effective, caring, and cost-conscious medical care promoting health and wellness. Skills in research and leadership effectiveness are formally emphasized.

Reason for Initiating Program
“The fellowship was developed out of the interest of the faculty in sharing Cleveland Clinic’s available resources for the exploration and study of the gender-related aspects of illness.”
Eligibility Requirements
A medical degree is required and the candidates must be board eligible in their specialty. These can include Obstetrics and Gynecology, Internal Medicine, Endocrinology, Family Medicine, or Primary Care.

Required Activities
The Women’s Health Scholar is a position offered for one year for training in the research and practice of menopause and hormonal disorders and women’s health. The training will include participation in the management of clinical trials, and original grant research as well as attendance at the clinical research seminar series. Training will include menopause management including osteoporosis, perimenopause, lowering risk factors for chronic disease, mood disorders in the hormonally vulnerable women, management of the high risk breast cancer patient and the diagnosis and management of menstrual disorders in pre and post menopausal women including polycystic ovarian syndrome and hypothalamic amenorrhea. Training will also include common endocrine disorders both in young women and post menopausal women.

Elective Activities
Electives are offered to trainees in osteoporosis and various research areas.

Special Degree(s)/Certificate(s)Offered
No degrees are offered.

Goals of the Program
The goal of the program is to provide a broad base of training in women’s health including menopause management, office gynecology, common endocrine and medical and gynecologic problems of women so that coordinated care may be provided by one physician.

Other Program Features
The Scholar will be expected to do independent research and will receive training in grants submissions, both pharmaceutical and NIH funded. Scholars will be expected to publish and lecture on the subject of their chosen research.

Reason for Initiating Program
The availability of the Center for Menopause Hormonal Disorders and Women’s Health as a clinical resource and the demand for better training in women’s health.
Eligibility Requirement(s)
A United States citizen who is board eligible in Internal Medicine, Obstetrics and Gynecology, Psychiatry or Surgery and has good clinical skills and an interest in academic medicine is eligible.

Required Activities
Seventy-five percent of the fellow’s time is devoted to research, including master’s level classes in epidemiology and statistics, teaching residents, and 25% to clinical care. A fellow maintains a two half-day long-term clinic.

Elective Activities
Examples of courses available in the Duke University Biometry program are: Introduction to Statistical Methods, Ethical Issues in Clinical Research, Principles of Clinical Research, Health Economics in Clinical Research, Clinical Research Seminar, Health Services Research and Psychometrics and Reliability.

Special Degree(s)/Certificate(s) Offered
With appropriate course work at Duke University Biometry Program, a fellow is eligible for a Master of Health Sciences degree.

Goals of the Program
“To train academic women’s health researchers with an emphasis on clinical research and house staff education and to train Department of Veterans Affairs physicians to excel in women’s health.”

Other Program Features
The fellowship program is under the direction of Dr. David Edelman, who also directs fellowships in General Internal Medicine and Health Services Research. All fellows share office space and take classes together, which creates a collaborative environment.

Reason for Initiating Program
“This fellowship program was awarded as the result of a competitive application process through the Department of Veterans Affairs. The establishment of a women veterans comprehensive health center allows the fellowship to be multidisciplinary in clinical practice and research opportunities.”
Eligibility Requirement(s)
North Carolina Board Certified/Board Eligible Family Physician.

Required Activities
Breast Clinic (3 months); Obstetrical Ultrasound (Longitudinal); Faculty Development Course; Skills Clinic; Maternity Care Clinic (OB Fellow only-Longitudinal); Prenatal Care Clinic (OB Fellow only); Labor and Delivery call is one evening per week and one weekend per month with Family Medicine Attending Physician Supervision; one Grand Rounds presentation during one-year fellowship; Participation in teaching activities in the resident curriculum; Creative activity encouraged.

Elective Activities
Maternal Fetal Medicine; Chronic Pelvic Pain Clinic; Behavioral Medicine; Lactation Consultation; Nutrition; Other Specialty of Choice (Will be arranged by fellowship director upon request of fellow).

Special Degree(s)/Certificate(s) Offered
Certificate offered.

Goals of the Program
“To support training for primary care physicians in comprehensive and coordinated women’s health primary care and formalizing women’s health training in the attitudes, knowledge, and skills required to respond to the special health care needs of women.”

Other Program Features
Concentration could include clinical strategies in curriculum development or clinical teaching. Clinical appointments are held in the Department of Family Medicine.

Reason for Initiating Program
“To support the mission of the Brody School of Medicine at East Carolina University to improve the health care of eastern North Carolina through the advancement of medical education and research. The fellowship program seeks to improve the health professional training in primary care of women by establishing academic and community leaders in women’s health care.”
Eligibility Requirement(s)
Completion of a Family Practice residency program (preferred) or an Internal Medicine Residency is required.

Required Activities
Longitudinal care of patients in the Family Medicine Center with clinical rotations in a variety of areas of women’s health. The fellow is required to complete a research or scholarly project in the fellow’s area of interest (e.g. eating disorders, women’s heart health, breastfeeding, and sports medicine).

Elective Activities
Fellows assist the faculty in teaching residents and medical student in full-spectrum family medicine, including gynecological procedures and obstetrics. Fellows can also participate in faculty development seminars (e.g. adult learning theory, curriculum design, epidemiology, etc.) along with our faculty development fellow. We offer a supportive and flexible environment that encourages the fellow’s individual interests.

Special Degree(s)/Certificate(s) Offered
None are offered.

Goals of the Program
“To provide advanced training in the broad spectrum of women’s health.”

Other Program Features
Information was not provided.

Reason for Initiating Program
“This fellowship was started to provide advanced training in women’s health. It is designed for clinicians interested in obtaining advanced training in the broad spectrum of women’s health.”
Eligibility Requirement(s)
Medical degree and residency (internal medicine, family medicine, or obstetrics-gynecology) are required.

Required Activities
The Women’s Health Fellowship provides advanced training in areas relevant to the health of women with required and elective clinical rotations. Fellows may choose to complete the Clinical Research Training Program or a Master of Science in Clinical Research as part of a two year training program. This includes didactic training in statistical methods, clinical epidemiology, protocol development, scientific writing, critical appraisal of the medical literature and leadership skills. If this option is chosen, fellows are expected to design, conduct, analyze, and submit for publication a research thesis under the direction of a multi-disciplinary group of mentors chosen according to the fellow’s research interests. Additional options are currently being explored but are not yet finalized. These possible options include one year of advanced clinical training only and additional advanced degree programs in combination with one year of advanced clinical training (for a maximum two year training program).

Required clinical rotations for all fellows include: Women’s Health Clinic (focused on hormonal and sexual concerns), Medical Gynecology, Maternal-Fetal Medicine, Urogynecology, Bone Clinic, Nutrition Clinic, General Endocrinology, Breast Diagnostic and Cancer Clinic, Breast Imaging, and Women’s Cardiovascular Clinic. Elective clinical rotations will be decided upon by the fellow with the input of the program director to design a clinical training program suited to the specific interests and career goals of each trainee. Fellows are expected to participate in a monthly journal club attended by students and faculty interested in women’s health. Fellows participate in a career development series and a wide variety of additional educational and teaching opportunities are available.

Elective Activities
Psychiatry, Dermatology, Headache Clinic, Nicotine Dependence, Pain Clinic, Rheumatology, Spine Clinic, and any other clinics relevant to the fellow’s area/s of interest.

Special Degree(s)/Certificate(s) Offered
Fellows may complete a Certificate in Clinical Research or a Masters of Science in Clinical Research.

Goals of the Program
The Women’s Health Fellowship at Mayo Clinic combines interdisciplinary training in the prevention and treatment of diseases prevalent in women.

Other Program Features
The fellows meet weekly with the fellowship director for research proposal progress reports and career planning.

Reason for Initiating Program
To develop leaders in the evolving field of Women’s Health and to improve health care outcomes for women.
Eligibility Requirement(s)
Completion of a residency in Internal Medicine, Surgery, Psychiatry, Obstetrics and Gynecology, or Family Medicine is required.

Required Activities
Seventy-five percent of the program is devoted to research and teaching and 25% is devoted to clinical activities.

Elective Activities
The following clinics are available: Breast, Psychiatry, Domestic Violence, Adolescent Medicine, Gynecology, Urogynecology, Osteoporosis, Endocrinology, and Behavioral Medicine.

Special Degree(s)/Certificate(s) Offered
An optional third year is available based upon individual fellowship goals. Master of Public Health degrees and Human Investigation Program (HIP) certificates are also available.

Goals of the Program
“To train individuals for an academic career which includes research and teaching in women’s health.”

Other Program Features
“Our program is closely allied with fellowships in Hospital Medicine, General Internal Medicine, Informatics, and Geriatrics. We have a strong relationship with OHSU’s AHRQ-supported Evidence-based Practice Center.”

Reason for Initiating Program
“Our institution, in conjunction with the Oregon Health Sciences University, has the components to provide excellent training in women’s health, research methodology, and education.”
Eligibility Requirement(s)
Applicants must be board-eligible or board-certified in Internal Medicine, Obstetrics and Gynecology, or Family Medicine.

Required Activities
Women’s Health Continuity Clinic, Gynecology Continuity Clinic, Geriatrics, Adolescent Women’s Health Medicine, Metabolic Bone Diseases Module, Breast Health Module, Cardiovascular Disease in Women Module, Clinical Research Project, Institutional Grand Rounds presentation, competency in office gynecologic procedures, and lecture presentations to Internal Medicine and OB/Gyn residents on WH topics.

Elective Activities
Psychology/Psychiatry, Female Sexual Function, Rheumatology, Plastic Surgery, Gynecology/Endocrinology, Urogynecology, Dermatology.

Special Degree(s)/Certificate(s) Offered
Fellows have the opportunity to become a certified Institutionally funded membership in the North American Menopause Society is provided. Funding is also provided to complete the International Society of Clinical Densitometry (ISCD) bone densitometry certification course. The fellow will receive a Texas Medical Board Certificate of Completion as well as a Texas Tech Health Sciences Center certificate of completion.

Goals of the Program
“To increase clinical competence in providing primary care to women, train individuals who will pursue a career in academic/clinical Women’s Health, individualize a training year that meets the needs and interests of each trainee, and mentor fellows in clinical and research aspects of Women’s Health.”

Other Program Features
Texas Tech University - Amarillo campus sponsors a thriving Women’s Health Division with a commitment to training individuals who wish to pursue a career in Women’s Health. We collaborate with the Texas panhandle community, area health centers, and all departments on our campus to offer a well-rounded fellowship clinical experience. Our beautiful new Center for Women’s Health and Gender-Based Medicine provides a comfortable and pleasant work environment. Under the guidance of a research mentor and with provided funding, each Women’s Health Fellow is responsible for designing and implementing a clinical research project, and for presenting and publishing the results of this project. The Women’s Health Fellow’s original research project is completed during the fellow’s protected research time. In addition to core and elective rotations, the fellow participates in a weekly one-on-one tutorial session focusing on 12 key WH clinical topics. The fellow may also work with a consultant on public speaking techniques, PowerPoint, and presentation skills.

Reason for Initiating Program
The Laura W. Bush Women’s Health Research Institute sponsors the TTUHSC WH fellowship program. Our fellowship was designed to promote clinical excellence and to prepare an individual for success in a clinical and/or academic career in Women’s Health.
Eligibility Requirement(s)
Applicants must be board-eligible or board-certified in Internal Medicine, Obstetrics and Gynecology, or Family Medicine.

Required Activities
Continuity Clinics in Family Medicine, Gynecology, General Internal Medicine and Adolescent Health. Rotations in Metabolic Bone Disease. Geriatrics, Breast Health, and Cardiology. At least one clinical research project should be completed and be of publication quality.

Elective Activities
Psychiatry; Advanced OB/GYN Ultrasound, High Risk Obstetrics & Diabetes, Infertility; GYN Oncology, Urogynecology, Endocrinology, Procedural Competency: Endometrial Biopsy; Colposcopy, Laser, LEEP and Cervical Biopsies, Cystometrics, Saline enhanced sono, Office gynecology procedures, Sonography-Fetal biometry, Amniotic Fluid Index.

Special Degree(s)/Certificate(s) Offered
Certified NAMS menopause practitioner, Certified bone densitometry ISCD, Certificate of Completion - Texas Medical Board & Texas Tech University HSC, Eligibility for MPH Degree.

Goals of the Program
Increase clinical competence for physicians interested in care for women. Provide trainees with needed clinical and research skills to pursue academic careers centered on Women’s Health. Prepare trainees to assume leadership positions on women’s health in their communities.

Other Program Feature
El Paso is a U.S.-Mexico border community that is ethnically diversified but with a Hispanic majority. Women’s health issues that predominate include high rates of teen pregnancies, sexually transmitted diseases, hypertension and other cardiovascular diseases. Due to lack of adequate cancer screening, advanced stage breast and gynecological cancers are common. Several community and partnership clinics serve the needs of the community and the university Hospital and clinics serve as a referral center. As a result, we have a large number of patients in the community partnership and specialty clinics.

- Opportunity to work in Community Partnership Clinics in a culturally sensitive environment.
- Opportunity to pursue clinical research relevant to Hispanic populations and border communities.
- Opportunity to learn medical Spanish.
- Complete a Faculty Development Course
- Opportunity to take epidemiology, biostatistics and behavioral science courses that lead to MPH eligibility.
- Weekly meetings with clinical and research mentors to review clinical topics of interest or research design/statistical analysis.

Reason for Initiating Program:
El Paso, Texas and Juarez, Mexico are two sister cities on the U.S. – Mexico border with a total population of more than 2.5 million. The population is medically underserved and women’s health issues that predominate, necessitating development of clinical models of health care that meet the health literacy, language and cultural sensitivity needs of women. Additionally, research on ethnic and gender differences and border community health issues are needed in order to lower the incidence of chronic diseases.

The Centers of Excellence in Obesity/Diabetes and Cancer at the Paul L. Foster School of Medicine, our unique geographical location and the enthusiastic support of the sponsoring and collaborating clinical departments and Dean’s office allow us to have a successful and unique Women’s Health Fellowship Program.
Eligibility Requirement(s)
Completion of an accredited residency training program, US citizenship, board eligible for internal medicine, OB/GYN, family medicine, psychiatry and surgery.

Required Activities
75% time research, including master’s level classes in epidemiology and statistics, and teaching interns/residents; and 25% clinical time.

Elective Activities
No information provided.

Special Degree(s)/Certificate(s) Offered
Master’s in Public Health.

Goals of the Program
“To improve women veterans’ access to coordinated, comprehensive, compassionate medical, surgical, and psychosocial care with a major focus on prevention and education; also to train physicians to excel in women’s healthcare.”

Other Program Features
This fellowship, funded by the Department of Veterans Affairs, is open to primary care physicians, obstetricians and gynecologists who are interested in research in women’s health. Fellows in this program also develop competencies in clinical care for women, including performance and minor gynecologic procedures, through the VA Women’s Health Center program. Fellows complete a core curriculum including formal course work, usually leading to a degree, at the UCLA School of Public Health; informal course work in fellowship seminars; and an independent research project.

Reason for Initiating Program
“To provide comprehensive, coordinated healthcare and education, based on women’s lifecycles, to female veterans and allow Fellows a multidisciplinary clinical practice and research opportunities.”
### Eligibility Requirement(s)
Medical degree and residency are required.

### Required Activities
Completion of the Advanced Training in Clinical Research in the first year and completion of research and writing projects in the second year. For complete details, please visit [http://www.epibiostat.ucsf.edu](http://www.epibiostat.ucsf.edu).

### Elective Activities
For complete details, please visit [http://www.epibiostat.ucsf.edu](http://www.epibiostat.ucsf.edu).

### Special Degree(s)/Certificates(s) Offered
Master’s Degree in Clinical Research. For complete details, please visit [http://www.epibiostat.ucsf.edu](http://www.epibiostat.ucsf.edu).

### Goals of the Program
“To develop a cadre of well-trained clinical researchers in women’s health.”

### Other Program Features
At the start of the 2 year program, fellows and senior mentors will develop a training plan tailored to the background and interests of each fellow and the resources available at UCSF. Fellows are expected to develop content and methodologic expertise, strong communications skills, and experience and skill in building and leading teams.

### Reason for Initiating Program
“This fellowship program builds on the research success of UCSF, the institution’s commitment to women’s health, and the availability of an extensive array of ongoing research projects to develop a cadre of well-trained clinical researchers in women’s health.”

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<th>Institution(s)</th>
<th>UCSF Women’s Health Clinical Research Center</th>
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<tr>
<td>Program Type</td>
<td>Fellowship in Women’s Health</td>
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<tr>
<td>Date Established</td>
<td>2002</td>
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<td>Number of Positions</td>
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<td>Departments of Obstetrics and Gynecology and Epidemiology and Biostatistics</td>
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<tr>
<td>Contact(s):</td>
<td>Leslee Subak, M.D.</td>
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<td>UCSF Women’s Health Clinical Research Fellowship</td>
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<td>1635 Divisadero, Suite 600</td>
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<td>Fellowship website:</td>
<td><a href="http://www.whcrc.ucsf.edu">www.whcrc.ucsf.edu</a></td>
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Eligibility Requirement(s):
Completion of ACGME or AOA accredited residency in Family Medicine; or American Board of Family Medicine or American Osteopathic Board of Family Practice certification is required.

Required Activities
- Precepting Medicine residents, performing Gyn procedures with a supervising OB/Gyn attending and triaging abnormal Paps and mammograms for management at the weekly VA Gyn/Urgent followup/Preventive Health clinic;
- Coordinate weekly Women’s Health lecture series for residents and medical students at the VA, including giving short talks on Women’s Health topics and scheduling visiting lecturers;
- Scholarly activity at the VA on an ongoing project or another of your choosing;
- Patient care in UH Family Medicine Center including option for and encouragement of small continuity OB practice under preceptorship of Family Medicine attendings;
- Medical student teaching at UH both during patient care sessions and for required core clerkship in Medicine/Family Medicine in small group lectures and workshops;
- Colposcopy course faculty for UHCMC Family Medicine PGY2 course;

Elective Activities
Gender-focused longitudinal or block experiences at the VA and/or UH in female urology/urogynecology, Gyn, rheumatology, hematology-oncology, breast surgery, sports medicine, prevention, female psychiatry, sexual medicine, addiction/PTSD and others, tailored to your needs and interests.

Special Degree(s)/Certificate(s) Offered
Letter of completion.

Goals of the Program
“The fellowship is intended to provide expanded training in various aspects of Women’s Health while maintaining proficiency in the wider discipline of Family Medicine.”

Other Program Features
Vacation and conference time as well as “book money” stipend are provided.

Reason for Initiating Program
“To improve the health of women by training physicians in the comprehensive and complex needs of the female patient.”
Eligibility Requirement(s)
Completion of at least 3 years postgraduate training in psychiatry.

Required Activities
Rotations through the Women’s Clinic and Women’s Consultation Service; participation in the Women’s Mental Health Seminar, the Women’s Mental Health Tutorial and the Women’s Mental Health Forum; supervision of fourth-year medical students during Women’s Mental Health electives.

Elective Activities
Participation in the Illinois Perinatal Mental Health Project; rotations through the Women’s Inpatient Treatment Service and/or the Eating Disorders Clinic; teaching in the Women’s Mental Health Seminar.

Special Degree(s)/Certificate(s) Offered
None are offered.

Goals of the Program
“Fellows will acquire knowledge and skills related to the expression and treatment of psychiatric disorders in women, including their relationship to reproductive cycle events.”

Other Program Features
Research experience related to women’s mental health and a didactic curriculum in women’s mental health are offered. Fellows will have opportunities to publish and review articles and/or book chapters. This program has received the American College of Psychiatrists’ Award for Creativity in Psychiatric Education and the American Psychiatric Association’s Gold Award for Innovative Services.

Reason for Initiating Program
“This fellowship was designed to train clinicians to meet the growing need for expertise in women’s mental health by applying research findings to clinical practice, and teaching state-of-the-art interventions.”
Eligibility Requirement(s)
A New Jersey medical license and a completed residency in Family Medicine are required.

Required Activities
Original research and community service project design, implementation, and publication; Resident and medical student precepting on Gynecology rotations; Local and national CME/research presentations; Clinical rotations in selected areas of women’s health; Teaching and Research Skills Coursework.

Elective Activities
Fellows are encouraged to take a leadership role in addressing women’s health issues most relevant to them, utilizing our educational, clinical, community, and legislative resources. Fellows are invited to participate in women’s health related clinical trials, educational programs, and professional organizations.

Special Degree(s)/Certificate(s) Offered
None were specified.

Goals of the Program
“To develop leaders in women’s health research, education, clinical care, and advocacy.”

Other Program Features
The program offers flexibility. Clinical rotations and course work are adaptable to fellows’ needs. Many resources are available throughout the state, including Rutgers University, CDC-STD training site, Planned Parenthood, and the three medical schools of the University of Medicine and Dentistry.

Reason for Initiating Program
“To develop and coordinate the essential resources and opportunities for Family Physicians to assume a leadership role in women’s health care.”
Institution(s)
University of Michigan School of Medicine

Program Type: Fellowship in Women’s Health

Date Established: 2004

Number of Positions: 1-2 per year

Duration of Program: 1-3 years

Sponsored by:
Women’s Health Program

Contact(s):
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Fax: 734-647-9727
E-mail: obgyn-fellowships@med.umich.edu

Eligibility Requirement(s)
Completion of residency in Family Medicine, Internal Medicine, Obstetrics/Gynecology, Pediatrics, or Psychiatry is required, further subspecialty training favorably considered.

Required Activities
Selected rotations in the Women’s Health Clinic, Obstetrics and Gynecology Primary Care Clinic, Endocrinology and Metabolism Eating Disorders Clinic, Women’s Heart Clinic, Women’s GI Clinic, Women’s Mental Health Clinic, Sexual Dysfunction Clinic, Women’s Geriatric Clinic. Attend University of Michigan BIRCWH Seminar Series.

Elective Activities
Family Planning, Adolescent Gynecology, International Rotation, Institute for Research on Women and Gender

Special Degree(s)/Certificate(s) Offered
MPH, MS (Clinical Design and Statistical Analysis, Health Services Research or Health Care Research) or MHSA are available.

Goals of the Program
“Unsurpassed preparation for clinically focused Women’s Health specialty or academic Women’s Health careers.”

Other Program Features
The fellowship offers a one year clinical training fellowship with selected rotations at the various entities within the Women’s Health Program at the University of Michigan. All fellows will have a clinical mentorship team consisting of three faculty who will help design the program. For those fellows desiring further academic training or a Masters degree, an additional second or third year is available to allow for completion of course work, further clinical work, and/or 6 to 18 months dedicated to women’s health research which would include original research, manuscript preparation, and grant preparation in conjunction with the other training and career development programs at the University of Michigan such as the BIRCWH training program and the Reproductive Sciences Training Program.

Reason for Initiating Program
“To train clinical and academic leaders in a rich collaborative environment utilizing the resources of the University of Michigan Women’s Health Program.”
Eligibility Requirement(s)
Completion of an Internal Medicine residency is required.

Required Activities
This fellowship is designed to develop generalist physicians with an interest in academic women’s health, either as a clinician educator or a clinician investigator. Fellows are required to complete either a Master’s Degree in Medical Education or a Master’s Degree in Clinical Science. Seventy-five percent of a fellow’s time is devoted to classwork and scholarly activity. Educators teach, develop and/or evaluate curriculum. Investigators generally pursue careers in health services research. The remaining twenty-five percent of the fellow’s time is devoted to clinical work in women’s health.

Elective Activities
The range of elective coursework and scholarly activities is extremely broad. Active areas of investigation include contraceptive decision making, menopause and quality of life, women and obesity, and cardiovascular disease in women. Educators have opportunities to work both at the medical student and resident level. The training program is always tailored to the individual’s needs.

Special Degree(s)/Certificate(s) Offered
Either a Master’s in Medical Education or a Master’s in Clinical Science.

Goals of the Program
To train generalist physicians with an interest in academic women’s health.

Other Program Features
This program partners with the following University of Pittsburgh programs: Clinical and Translational Science Institute, General Medicine Fellowship Program, Magee Women’s Hospital, RAND Corporation, University of Pittsburgh School of Public Health, and the University of Pittsburgh School of Medicine.

Reason for Initiating Program
To develop training programs designed to expand the faculty expertise in women’s health in both the educational and the research arenas.
Eligibility Requirement(s)
Applicants must be board certified or board eligible in Internal Medicine, Psychiatry, Ob/Gyn, or Family Medicine.

Required Activities
Weekly multidisciplinary clinic, monthly administrative and research conference, monthly Women’s Health Forum, annual presentation to Advisory Committee, annual Women’s Health and Leadership Conference, and annual Center Advisory Board meeting.

Elective Activities
A full spectrum of supplemental clinical, didactic, basic or applied research activities are available.

Special Degree(s)/Certificate(s) Offered
Most fellows enroll in a graduate degree program: usually the MS or PhD program in Population Health or graduate certificate program in Clinical Investigation.

Goals of the Program
To train future leaders in academic health sciences.

Other Program Features
This program integrates with several NIH training and career development programs in women’s health.

Reason for Initiating Program
We saw women’s health research, including the study of sex- and gender-differences, as legitimate venues to attract and retain talented women into academic career pathways with leadership trajectories.